

NJ 4-H State Foods Day

For 4-H Members in Grades K-3

Fake-Out Foods - Dessert Edition

Just in time for April Fool's Day! Learn how to disguise sweet treats as other savory foods, using pantry items and cake decorating goodies like fondant. Get ready to make some surprising goodies!



Eat a Rainbow

Learn about - and sample - healthy fruits and vegetables by colors. Color a rainbow with the foods we studied, and complete a craft.



Bake and Sip

Learn how to make a blondie cookie bar as well as some super delicious smoothies. With the smoothies we will be showing you some dairy alternative recipes as well.



QUESTIONS TO JBROCHINSKY@CO.SOMERSET.NJ.US